



Become a member today and receive a two-year membership for the price of one.

\$25

#### Membership Benefits

- Networking
- Free advertising in the newsletter and website
- Contact hours for Lamaze International members (for recertification purposes)
- Special member rate for the Fall Luncheon
- Support system for new LCCEs

*Please feel free to contact us with any questions.*

President: Mary Cameron 303.988.7248

Membership Coordinator: Michaela Zach  
303.617.3059 synergeticbirths@yahoo.com

[www.lamaze-denver.com](http://www.lamaze-denver.com)

## Our Mission

CPAC is dedicated to increasing awareness about normal birth in our communities, providing a support network for birth professionals, and working with the hospital systems to promote evidence-based maternity care. We are also striving to improve the early parenting experiences of all mothers and fathers in the Denver metro area.

CPAC is a non-profit organization of childbirth professionals, community members, and parents, and a chapter of Lamaze® International. A volunteer board of directors governs CPAC and membership dues are used to fund educational programs. We believe that birth is a normal and natural event that profoundly affects women & their families.

## Annual Fall Luncheon

### The Daddy Dilemma: Deliberately and Effectively Including Fathers in Birth and Parenting

October 1 from 10 am - 1 pm, Lunch Provided

Sky Ridge Medical Center Auditorium, Lone Tree, CO

\$15 Members, \$20 Non-members

\$10 New or expecting parents

**Connecting with Dads** – Presented by Will Housley, Boot Camp for New Dads  
Learn directly from a dad and coach how to connect with dads in your classroom, at births you attend, or in families you support.

**Massage for Dads** – Presented by Miranda Cacek, CLD, CMT  
Learn how dads can play an important part in pregnancy, labor and postpartum by using massage techniques, and how we can best encourage dads to use this important tool. Practice on a friend during the session!

**From Partner to Parent** – Presented by Jennifer Harned Adams, PhD  
Learn more about the hidden difficulties couples experience during the transition to parenthood and tools that can help new parents navigate this transition and manage conflict and stress.

Networking table available to help new parents and birth professionals locate or promote resources in the Metro Denver area. Feel free to bring brochures and business cards to add to this table.

Register online at [www.lamaze-denver.com/RegisterFall.htm](http://www.lamaze-denver.com/RegisterFall.htm) or contact [kellydonnelly@earthlink.net](mailto:kellydonnelly@earthlink.net)

## Lamaze International Denver Chapter, CPAC Childbirth Educator Program

Lamaze® Certified Childbirth Educators (LCCE) have been leaders in developing standards and promoting positive changes in the delivery of childbirth and early parenting education, family-centered maternity care, and in increasing consumer awareness.

The Lamaze® Certification Program is the only internationally recognized childbirth educator certification program that the NCCA (National Commission for Certifying Agencies) accredits.

The next training seminar November 2-4, 2007.

For more information, contact [juliedavlin@msn.com](mailto:juliedavlin@msn.com) or [cathy\\_heise@yahoo.com](mailto:cathy_heise@yahoo.com)

[www.lamaze-denver.com](http://www.lamaze-denver.com)